



Community of Christ
Canada West
Mission Centre

CWM Young Adult Retreat Packing Suggestions

Sleeping bag or warm bedding and pillow

Towels, wash cloths, etc.

Toiletries

Sunscreen

Flashlight

Activewear

Running shoes

Snow boots

Hat/scarf

Gloves

Warm socks

Jacket/coat

Games/cards

Book(s)

Charger(s)

Your sense of humour and a readiness to have fun!